Lions Gate Road Runners International Marathon - May 29th, 1976, Stanley Park, Vancouver, B.C.

Position	Name	Club	5 Mile	10 Mile	15 Mile	20 Mile	Finish	Position by Category
1	Ross Jackson	Lions Gate Road Runners	26:56	53:42	1:20:18	1:46:45	2:20:30.0	1st Open Men
2	Wolf Schamberger	"	26:56	53:42	1:20:18	1:47:27	2:22:21.2	2nd Open Men
3	Allen Kerr	"	27:52	55:35.2	1:22:56	1:50:22	2:24:31.2	3rd Open Men
4	Bruce Shaw	Victoria Flying Y	27:51	55:35.2	1:22:56	1:50.34	2:26:07.8	4th Open Men
5	Brian Steele	Simon Fraser University	28:29	56:28	1:24:48	1:51:55	2:27:12.4	5th Open Men
6	V. Pomizal	Victoria Flying Y	28:04	56:30	1:24:59	1:53:44	2:29:58.4	6th Open Men
7	Tory Tronrud	Richmond	28:04	56:28	1:24:57	1:53:41	2:30:21.2	7th Open Men
8	Chris Soler	Mount Vernon	28:30	57:49.4	1:26:55	1:55:24	2:31:26.8	1st High School
9	Rob Taylor	Lions Gate Road Runners	28:10	56:32	1:25:51	1:55:24	2:32:20.8	8th Open Men
10	Tim Uuksulainen	"	29:26	60:40	1:28:14	1:56:54	2:32:28.4	9th Open Men
11	Bill McIntosh	unattached	29:26	59:01	1:28:14	1:57:32	2:33:16.4	10th Open Men
12	Bill Wirtanen	Lions Gate Road Runners	29:25	60:41	1:28:14	1:57:49	2:35:41.8	11th Open Men
13	Stu Fall	"	29:27	59:01	1:28:14	1:58:03	2:25:46.6	1st Masters
14	Les McDonald	"	29:28	59:01	1:28:14	1:59:00	2:39:04.6	2nd Masters
15	Jim Finch	Mount Vernon	31:10	61:56	1:32:02	2:02:13	2:40:55.8	12th Open Men
16	Doug Frew	unattached	29:38	59:35	1:31:12	2:02:52	2:41:42	13th Open Men
17	Jack Farrell	Victoria Flying Y	29:14	59:01	1:29:17	2:01:20	2:41:58.4	14th Open Men
18	Dave Vaught	Oregon R.R.	30:57	63:07	1:34:27	2:05:07	2:42:32.8	15th Open Men
19	David Hambleton	Victoria Flying Y	29:26	59:01	1:29:17	2:01:47	2:44:10.8	3rd Masters
20	Robin Pearson	"	29:52	60:19	1:31:24	2:03:15	2:44:25.4	16th Open Men
21	Robert Andrew	Fort Steilacoom R.C.	30:55	62:29.4	1:34:34	2:06:09	2:44:44.2	17th Open Men
22	David Tempest	Portland	31:43	63:42	1:35:27	2:06:09	2:44:45.2	18th Open Men
23	Robert Overhulser	Washington	31:30	62:45	1:34:10	2:05:12	2:45:38.8	19th Open Men
24	Don Granberg	Oregon	30:07	60:22	1:32:13	2:05:04	2:45:44	20th Open Men
25	Hugh Graham	unattached	29:27	59:24	1:31:24	2:04:31	2:45:45.2	4th Masters
26	Jim Bishop	Lions Gate Road Runners	31:30	63:44	1:35:11	2:06:37	2:47:32	21st Open Men
27	Doris Heritage	Falcon TC	30:07	60:19	1:31:35	2:04:49	2:47:34.8	1st Women Open
28	Robert Rice	unattached	30:07	60:40	1:32:54	2:05:22	2:47:59.2	22nd Open Men
29	Dave Peterson	Oregon R.R.	30:57	63:26	1:36:00	2:07:50	2:48:35	23rd Open Men
30	Ian Sinclair	Mercer Island	29:30	60:19	1:32:51	2:05:57	2:48:51.4	24th Open Men
31	Jeremy H. van der Driesen	Brockton Nooners	31:30	63:46	1:35:47	2:08:43	2:48:58.8	25th Open Men
32	Daniel Brown	Oregon R.R.	29:29	59:40.4	1:32:51	2:06:03	2:49:19.2	26th Open Men
33	Bryan Mist	unattached	31:30	63:28	1:35:32	2:08:13	2:49:25.8	27th Open Men
34	Marilyn Paul	Oregon R.R.C.	31:43	63:42	1:35:32	2:07:56	2:49:30	2nd Women Open
35	Ronald Sack	unattached	30:07	61:37	1:34:00	2:06:50	2:49:53.6	5th Masters
36	Stan Baldry	Lions Gate Road Runners	31:20	63:19	1:35:27	2:08:06	2:50:44	6th Masters
37	Kenneth Walach	Steveston	32:44	66:15	1:38:48	2:11:18	2:50:53.8	1st Joggers
38	Maurice Pratt	unattached	31:30	63:52	1:36:57	2:09:53	2:51:02.4	2nd Joggers
39	Dirk Tempelman-Kluit	unattached	31:30	63:23	1:35:42	2:08:15	2:51:09.8	3rd Joggers
40	Alfonso Candal	Lions Gate Road Runners	31:30	63:44	1:35:32	2:09:25	2:51:18.8	28th Open Men
41	Rick Beardsley	unattached	33:01	66:15	1:38:48	2:11:18	2:52:19.6	4th Joggers
42	Gordon Willies	unattached	33:01	66:10	1:39:07	2:12:03	2:52:53.6	5th Joggers
43	David Field	N.C. Washington R.R.	30:27	63:07	1:36:34	2:10:38	2:54:35.0	29th Open Men
44	Giles Marion	Washington	32:13	65:28	1:38:52	2:12:49	2:55:22.0	30th Open Men
45	Assaad Bishay	Lions Gate Road Runners	31:43	63:42	1:35:32	2:10:16	2:55:29.2	7th Masters
46	Guy Wilson	unattached	32:40	64:57	1:37:33	2:11:10	2:55:31.8	6th Joggers
47	Ted Young	U.W.R.C.	33:14	66:24	1:39:44	2:14:08	2:55:38.2	31st Open Men
48	Robert Grant	Clark County R.R.C.	32:00	64:33	1:38:03	2:13:27	2:58:19	32nd Open Men
49	Richard Bentsen	Oregon T.C.	33:46	67:15	1:40:33	2:52:00	2:59:05.8	8th Masters
50	Peter Pollhammer	Brockton Nooners	31:30	63:46	1:35:47	2:09:46	2:59:37.4	7th Joggers

Position	Name	Club	5 Mile	10 Mile	15 Mile	20 Mile	Finish	Position by Category
51	Wyatt Newmon	Oregon R.R.	32:22	66:28	1:40:56	2:15:49	3:00:00.0	33rd Open Men
52	Robert Garratt	Ft. Steilacoom R.C.	34:20	69:50	1:43:34	2:18:11	3:00:06.4	34th Open Men
53	David Smith	"	34:20	69:50	1:43:34	2:18:11	3:00:06.6	35th Open Men
54	Alfred Beebe	Seattle	33:18	66:10	1:39:48	2:14:32	3:00:32.2	8th Joggers
55	Stewart Nelson	New Westminster	33:46	67:54	1:42:03	2:17:21	3:00:32.8	9th Joggers
56	Bob Hensler	unattached	33:09	66:53	1:41:14	2:15:51	3:00:34.8	10th Joggers
57	John Knudsen	Moscow	31:43	64:41	1:39:00	2:14:41	3:00:41.6	36th Open Men
58	Helen McDonald	V.O.C.	34:29	69:51	1:44:39	2:18:49	3:00:50.8	3rd Women Open
59	David Morris	Bellevue	33:14	66:24	1:39:44	2:14:08	3:01:44.8	37th Open Men
60	Stephen Crossland	Washington	34:32	69:19	1:43:14	2:17:33	3:02:34.0	38th Open Men
61	Alex Marshall	Victoria Flying Y	31:34	64:28	1:38:36	2:14:45	3:02:52.0	9th Masters
62	Ian Taylor	unattached	34:23	69:47	1:44:39	2:18:47	3:03:00.0	11th Joggers
63	Charles Pietka	Oregon T.C.	33:46	66:15	1:40:33	2:15:14	3:03:00.2	39th Open Men
64	Tom Chrissanthopoylos	Calgary	33:12	66:12	1:39:07	2:14:28	3:03:53.0	40th Open Men
65	P. H. Guille	Golden	32:22	64:57	1:37:33	2:11:10	3:03:56.2	2nd High School
66	Laurel Miller	Falcon T.C.	32:20	69:53	1:45:05	2:19:53	3:03:56.4	4th Women Open
67	Jim Jaqua	Oregon	33:57	67:42	1:41:35	2:16:48	3:05:23.6	41st Open Men
68	Paul Leitschuh	Oregon R.R.	36:24	72:38.6	1:48:10	2:22:05	3:06:38.8	42nd Open Men
69	William Caster	C.W.R.R.	34:40	69:47	1:44:52	2:20:49	3:07:20.2	10th Masters
70	Brent Marsden	Clark County R.R.C.	31:37	63:09	1:35:54	2:14:45	3:07:31.0	43rd Open Men
71	Ken McGillivary	Washington	33:46	67:49	1:42:52	2:18:27	3:07:30.2	44th Open Men
72	Glen Magark	Sechlet	33:14	66:55	1:41:22	2:17:37	3:08:31.2	12th Joggers
73	Chan Buckland	Vancouver YMCA	35:52	71:49	1:47:23	2:23:10	3:08:36.8	13th Joggers
74	Joseph Olexa	Oregon T.C.	34:20	69:50	1:43:34	2:18:15	3:10:36.8	45th Open Men
75	Gerry Thomson	Van. Y.M.C.A.	34:16	69:15	1:43:54	2:20:16	3:11:04.8	14th Joggers
76	Samuel Buzbee	unattached	37:42	75:38	1:52.47	2:32:12	3:19:39.2	15th Joggers
77	Fred Locke	unattached	33:09	66:07	1:39:53	2:15:32	3:11:25.8	11th Masters
78	Bobbie Moore	unattached	34:40	69:55	1:46:21	2:24:02	3:11:28.2	5th Women Open
79	Brett Echert	Mount Vernon	34:20	69:53	1:45:05	2:20:09	3:11:49.2	3rd High School
80	Suerre Hietanen	unattached	33:09	66:07	1:39:53	2:15:32	3:11:54.8	12th Masters
81	Doug Newman	Washington	33:29	67:48	1:42:03	2:19:17	3:12:17.8	46th Open Men
82	Denny Boulton	unattached	36:24	73:12	1:50:07	2:27:06	3:12:32.4	16th Joggers
83	Simon Truelove	Golden	34:50	71:21.2	1:47:12	2:23:54	3:13.00.0	47th Open Men
84	Richard McKinney	unattached	38:06	75:34	1:52:44	2:28:54	3:13:47.0	17th Open Men
85	Bob Cleator	V.O.C.	36:17	72:51.2	1:49:33	2:26:49	3:14:02.8	13th Masters
86	Norm Bright	Seattle	33:09	66:46	1:41:22	2:19:57	3:14:30	14th Masters
87	Pat Hadley	unattached	36:24	73:12	1:50:97	2:27:09	3:14:37.8	15th Masters
88	Dale Peterson	N.C. Washinton R.R.	34:14	69:19	1:44:00	2:21:17	3:15:45.6	48th Open Men
89	Ron Lea	unattached	34:32	70:38	1:46:57	2:24:06	3:16:23.6	18th Joggers
90	Paul Bowler	Victoria Flying Y	33:14	66:55	1:42:46	2:21:06	3:16:46.8	19th Joggers
91	Herman Nelson	Ft. Steilacoom	36:30	73:35	1:50:24	2:28:34	3:18:21.6	4th High School
92	Don O'Reilly	unattached	32:22	66:08	1:41:35	2:19:45	3:19:36.8	49th Open Men
93	Tim Guinan	unattached	37:19	75:48	1:54:12	2:32:12	3:19:39.2	20th Joggers
94	Andrew Milligan	MARC	37:10	75:32	1:53:02	2:31:00	3:19:47	16th Masters
95	Howard Holter	unattached	36:15	73:14	1:50:07	2:28:50	3:20:17.2	17th Masters
96	Steve Cymet	unattached	32:22	66:09	1:41:35	2:20:07	3:21:54	21st Joggers
97	Robert Remski	"	37:58	76:49	1:54:50	2:32:48	3:24:19	18th Masters
98	John DeMoura	"	36:44	75:46	1:55:04	2:35:45	3:24:49.4	19th Masters
99	Ken Nelson	Ft. Steilacoom	36:44	73:38.8	1:50:24	2:28:46	3:25:04.4	20th Masters
100	Jeff Leismen	Oregon R.R.	37:10	74:10.8	1:51:30	2:31:07	3:25:45.2	50th Open Men
101	George Saari	unattached	39:56	81:04	2:00:50	2:40:11	3:26:12.2	22nd Joggers
102	Wm. Peter Hailey	"	38:57	77:31	1:55:19	2:33:40	3:26:40.8	23rd Joggers
103	R.R. Anderson	"	37:19	75:49	1:54:14	2:32:14	3:26:46.2	24th Joggers
104	Red Hadley	N.S. YMCA	37:10	75:49	1:54:50	2:34:45	3:26:59.2	21st Masters
105	Hans Wurn	North Vancouver	31:43	63:55	1:37:09	2:12:43	3:28:59.4	22nd Masters
106	Chris Andrews	Hillside	37:32	76:06.4	1:51:24	2:28:44	3:29:10	5th High School
107	Michael Nolan	Ft. Steilacoom	34:20	70:32	1:49:33	2:31:53	3:29:42.6	51st Open Men
108	Dick Allen	Washington	38:11	78:32.4	1:57:25	2:36:09	3:30:44.8	52nd Open Men

Position	Name	Club	5 Mile	10 Mile	15 Mile	20 Mile	Finish	Position by Category
109	Robert Lobdell	Washington	37:19	77:21.4	1:57:37	2:37:20	3:32:49.6	53rd Open Men
110	Roger Smith	Oregon	40:59	82:21	2:03:37	2:44:49	3:34:36.8	54th Open Men
111	Ken Jernstedt	Multnomah	40:59	82:31	2:03:37	2:44:51	3:34:36.8	25th Joggers
112	Ray Hilborn	unattached	38:06	75:34	1:53:22	2:35:59	3:36:30.6	26th Joggers
113	Clive Cowlard	unattached	36:24	73:11	1:51:24	2:31:07	3:37:22.8	27th Joggers
114	Rebecca Caldwell	"	39:05	79:01	1:59:19	2:41:06	3:37:43.4	6th Women Open
115	Andrew Thompson	Edmonds	37:37	75:42	1:54:37	2:35:59	3:40:01.6	6th High School
116	Brent Shanna	Edmonds	37:41	75:42	1:54:43	2:35:59	3:40:01.6	7th High School
117	Sally Swanson	unattached	41:48	84:49	2:06:46	2:48:15	3:40:16.8	7th Women Open
118	Jennifer Stewart	unattached	43:04	84:52	2:06:46	2:48:15	3:40:16.8	8th Women Open
119	Neil Thompson	Edmonds	37:41	75:44	1:54:43	2:35:59	3:40:25.2	8th High School
120	Jim Lafky	Oregon R.R.	37:12	77:41	1:59:19	2:43:30	3:42:45.0	23rd Masters
121	Charles Pell	Seattle	38:15	80:15	2:00:42	2:45:06	3:42:57.4	55th Open Men
122	Laurel Cunningham	Seattle	37:32	77:30	1:59:47	2:44:53	3:47:17.4	9th Women Open
123	Anne Trygstad	unattached	43:04	84:52	2:06:46	2:50:55	3:51:32.8	10th Women Open
124	Mike Bailie	Golden	34:20	72:05	1:52:22	2:54:52	3:52:19.6	9th High School
125	Gerald Stewart	Carihi School	34:42	75:20	2:00:13	2:51:47	3:57:11.8	10th High School
126	Michelle Hogan	Oregon R.R.C.	41:40	85:10	2:10:40	2:58:10	3:58:39.2	11th Women Open
127	Joseph Hogan	Oregon R.R.C.	35:56	72:02	1:50:30	2:58:10	3:58:44.8	56th Open Men
128	Benjamine Clark	Edmonds	37:41	77:37	2:01:45	2:51:47	3:59:57.6	28th Joggers
129	Miho Pell	unattached	41:42	85:02	2:10:00	2:57:41	3:59:59.8	12th Women Open
130	Wayne Quinton	"	41:48	84:49	2:10:47	2:58:40	4:06:21.4	24th Masters
131	Dave Winder	"	41:50	84:54	2:10:47	2:58:40	4:06:21.4	29th Joggers
132	Michael Erwin	Edmonds	37:43	75:58.2	2:01:25	2:56:21	4:06:44.2	11th High School
133	Harold Cramer	Eugene	44:16	91:14	2:16:55	3:02:47	4:07:17.4	57th Open Men
134	Mike Beaton	Campbell River	35:56	76:24	2:02:14	2:56:13	4:11:20.4	12th High School
135	Thomas Surface	Eugene	39:04	79:57	2:05:26	2:59:21	4:17:35	58th Open Men
136	Ross Reynolds	Eugene	39:49	82:22	2:04:27	3:02:33	4:35:16.2	59th Open Men
137	David Wong	unattached	41:17	85:24	2:14:25	3:13:45	4:36:27.2	30th Joggers
138	Mark Waring	Carihi School	38:52	85:26	2:13:45	3:12:41	4:42:06	13th High School

Non-Finishers

Brian Lee	LGRR	29:25	59:26	1:30:50		
Ed McDonald	LGRR	29:28	59:08	1:29:04		
Jaques Pittet	Snohomish TC	29:25	59:04	1:31:24	2:03:38	
Ronald Reid	Victoria Flying Y	31:30	64:04	1:39:13		
Steve Conroy	Lynwood	30:59	63:16	1:37:46	2:18:07	
R.A. Steiner	unattached	30:26	62:13	1:35:32	2:13:17	
Russ Thurow	Washington	34:32	72:05	1:51:18	2:54:30	
Jean Beyette	Ft. Steilacoom	42:36	90:28	2:23:13		
Valerie Ellis	unattached	41:35	85:04	2:16:59		
Lorne Marchak	Hillside	33:14	66:13	1:39:07	2:29:08	
Gordon Ferguson	Hillside	34:26	69:52	1:46:27		
Bob Allison	Golden	32:22	66:08	1:42:51		
Ritchie Morrison	Golden	32:40	69:10	1:53:12		
Jeff Abbott	Golden	35:52	71:21.2	1:50:58		
Matt White	Hillside	37:32	74:51	1:52:25	2:31:49	
Michael Smith	North Van	37:19	76:11.2	2:01:10	2:55:20	
Steve Johnson		29:18	59:01			
Michael Dennison	Edmonds	37:43	77:37			
Brian Brown	Grover	44:37		1:35:22	2:35:19	
Jack Taunton	LGRR	28:04	56:28	1:27:58		
Robert Gray	Ore. TC	29:14	60:40	1:28:14		
Andrew Harvey	Edmonds	38:01	81:21	2:17:03		
Leslie Truelove	unattached	38:02	78:38	2:00:42	2:47:35	

WINNING TEAMS

1st - Lions Gate Road Runners - 6 pts.

2nd - Victoria Flying "Y" - 27 pts.

3rd - Lions Gate Road Runners - 31 pts.